

The planning of the 19th World Congress of Psychotherapy is well under way; it will be held in the Shangri-La Hotel in Kuala Lumpur, Malaysia, August 22–26, 2006. Prof. Thambu Maniam, president of the Malaysian Psychiatric Association, and myself are collaborating as co-chairpersons of the organizing committee, while Prof. Zain Azhar is president of the scientific program committee. The theme for the Congress is: ‘Well-Being across Cultures: Psychotherapy in a Biological Era’. For more information, such as the scientific program and registration and accommodation forms, please refer to the announcement in this Newsletter, as well as to the Congress website: <http://www.2006wcp-mcpm.com>.

We have started introducing IFP-sponsored master classes, seminars and workshops internationally, thus promoting the dissemination of evidence-based psychotherapeutic approaches. In addition, IFP-sponsored workshops will provide an opportunity for psychotherapists to become individual members of IFP in that participants are offered a substantially reduced registration fee if they are already IFP members, or choose to apply for IFP membership. Trainings are conducted by internationally recognized experts. As a start, Prof. Edna B. Foa, PhD, Philadelphia, USA, gave a four-day training workshop on prolonged exposure therapy for chronic PTSD. The workshop took place on March 15–18, 2006, in Zurich, Switzerland, and I can only say it was a great success!

The next IFP-sponsored workshop is scheduled to be held in Venice, Italy, on September 22–23, 2006: Prof. Giovanni Fava, MD, a member of the IFP Council, together with Dr. Carlotta Belaise, Dr. Fedra Ottolini, and Dr. Chiara Ruini will teach well-being therapy, a novel psychotherapeutic technique for enhancing psychological well-being. More information regarding this workshop is provided further down in this IFP Newsletter.

All our members, meaning individual members of the IFP as well as individual members of associations who have membership status with the IFP, are offered the IFP official journal, *Psychotherapy and Psychosomatics* at a reduced subscription rate. For details, please contact S. Karger directly at:

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With my presidential term coming to an end in August 2006, I would once again like to invite everybody to come forward with nominations for the presidential term 2006–2010. Elections will be held at the General Assembly, which will be scheduled during the 19th World Congress of Psychotherapy in Kuala Lumpur.

Wishing you all a good time!

Prof. Ulrich Schnyder, MD
President IFP
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19th World Congress of Psychotherapy, Kuala Lumpur, Malaysia, August 22–26, 2006: ‘Well-Being across Cultures: Psychotherapy in a Biological Era’

Selamat Datang! In the Malaysian national language this means ‘welcome’. The Malaysian Psychiatric Association (MPA) and the International Federation for Psychotherapy (IFP) warmly welcome you to the 19th World Congress of Psychotherapy in Kuala Lumpur. We in Malaysia feel honored to have been given the task of organizing this Congress and welcome delegates to contribute their expertise, interact with colleagues from other parts of the world and simply enjoy both the scientific and the social aspects of the conference.

The world is shrinking. Events and ideas from one region of the globe, which in the past took ages to filter across to other regions, are now presented to us at the touch of a key. The effects of globalization and the influence of technology have served to reduce the gaps that existed between peoples. Consequently, there is increasing familiarity with ideas that were once rejected as foreign. Therapies, Eastern and Western, have crossed continents. It is in such a climate that we meet to share, to learn, and to form bridges.

Twelve pre-congress full-day workshops will be held at the University Putra Kuala Lumpur Clinical Campus, which will be accessible by monorail from the hotels in the Kuala Lumpur Golden Triangle near the Shangri-La Hotel where the Congress proper will be held. Topics are in line with the main theme of the congress, i.e. ‘Well-Being across Cultures: Psychotherapy in a Biological Era’. The keynote by Prof. Sartorius is ‘Evidence-Based Research in Psychotherapy’. Some interesting plenary topics in-

clude working with sex offenders, psychotherapy research, women's mental health, psychotherapy and neurophysiological perspectives for borderline, psychotherapy in chronic pain, and PTSD. There will also be topics relating to different cultures by speakers such as Prof. Bachtiar Lubis from Indonesia, Prof. Niaz from Pakistan, Prof. Malik Badri from Malaysia, Dr. Anthony Ang and Douglas Kong from Singapore, and Prof. Tan Eng Kong from Australia. Other interesting topics include accelerated behavior cognitive therapy, psychotherapy with elderly, HIV and AIDS, eating disorders, challenging the westernized model of PTSD, cognitive remediation therapy and not forgetting psychotherapy for children with ADD. There will also be a topic on false memories.

We hope this congress will be a catalyst in the process of bridge building not only cross-culturally but also within the caring professions of psychotherapy/counselling and psychiatry. With advances in neurobiology, with the ever increasing number of newer psychopharmacologic agents, there is a considerable risk of losing the human being among his neurotransmitters! We believe the presentations will help to advance a more holistic and integrated approach to health and well-being.

See you in Kuala Lumpur in August!
Prof. Thambu Maniam (President MPA)
Prof. Ulrich Schnyder (President IFP)

Co-chairpersons
Organizing Committee, 19th World Congress of Psychotherapy

The Second IFP-Sponsored Psychotherapy Training Workshop! Well-Being Therapy

Prof. G.A. Fava, Dr. Carlotta Belaise, Dr. Fedra Ottolini, Dr. Chiara Ruini
September 22–23, 2006, Istituto Canossiano, Venice, Italy

This seminar is the second IFP-sponsored training workshop. It is an introductory course of well-being therapy, a novel psychotherapeutic technique for enhancing psychological well-being developed by Prof. Fava. It provides information about the background, structure and applications of this approach which has been applied to mood and anxiety disorders in controlled studies. Treatment of individual cases will be described, with opportunities for discussion and role playing. The workshop will be in English.

September 22: 13.00–15.00 Registration
15.00–19.00 Background, structure, applications
September 23: 09.00–13.00 Case illustrations

G.A. Fava is Professor of Clinical Psychology at the University of Bologna and Clinical Professor of Psychiatry at the State University of New York at Buffalo. He is the Editor-in-Chief of *Psychotherapy and Psychosomatics*. He and his group have performed groundbreaking research in the prevention of recurrent depression

and treatment of anxiety disorders. The seminar provides a unique opportunity to get acquainted with the innovative psychotherapeutic techniques of this research group.

Cost: 200 EUR (non-IFP members); 150 EUR (IFP members).

For subscription to the workshop, please apply to the IFP secretariat at secretariat@ifp.name (Cornelia Erpenbeck).

Obituary: Klaus Grawe

Klaus Grawe died a sudden heart death on July 10, 2005, at the age of 62, completely unexpected by his family, friends, and colleagues.

Klaus Grawe was born in 1943 in Wilster near Hamburg, Germany. He studied psychology in Hamburg and Freiburg/Brsg. and completed his diploma in 1968 in Hamburg. He delivered his dissertation on differential effects of behavior and client-centered therapy with anxiety patients in 1976, and his habilitation in 1979.

He co-founded the multi-approach psychotherapy ward at the Psychiatric University Hospital Eppendorf in Hamburg and worked there for 11 years. In 1979, he moved to the newly installed chair for Clinical Psychology in Bern, Switzerland, where he worked until his death.

Among his many activities were the membership in the executive committee and presidency of the Society for Psychotherapy Research, and the executive committee of the German Gesellschaft für Psychologie. He was, among others, editor of the *Zeitschrift für Klinische Psychologie und Psychotherapie* and *Psychotherapy Research*.

In Germany he became known for his activity in a committee of the German government preparing the new psychotherapy law – which ultimately, very much against his clear intention, rather cemented than overcame an orientation along traditional schools of therapy. Many colleagues also knew him from his 1994 book *Psychotherapie im Wandel. Von der Konfession zur Profession (Psychotherapy in Transition. From Confession to Profession)* in which he presented a meta-analysis of the effectiveness of various approaches to psychotherapy. As his conclusions were not flattering for all approaches, they led to heavy controversy, but also, as intended, to intensified efforts of some approaches towards serious comparative research. It is not without irony that Klaus Grawe was even at that time more interested in process research including single case studies, which some of his adversaries postulated as more relevant. He was convinced that – independent of his preferences – a sober analysis of effects was needed to further the endeavor of psychotherapy.

Beyond the effectiveness of psychotherapy, his research interests were related to case conceptualizations, differential treatment planning, general principles of psychotherapy, general models of mental problems, and, more recently, neurobiological factors of relevance for psychotherapy. His most recent book *Neuropsychotherapie* is dedicated to this field.

He has written more than 150 articles and book chapters and has had a strong impact on psychotherapy research as well as practice. Based on his ample own experience as a therapist, the link between research, theory and practice has always been a main point for him, in research, writing, and teaching. Besides the psychother-

apy outpatient clinic installed at the Institute of Psychology at the University of Bern, he founded a postgraduate psychotherapy training program in 1992 in Bern, and in 1999 in Zürich.

Klaus Grawe was a vital, creative, and for many a challenging colleague who has definitely had a strong impact on the landscape of psychotherapy and psychotherapy research in Switzerland and Germany, but also internationally. We will definitely miss him while doing our best to carry further his ideas, not in a dogmatic way, which he would have hated, but always striving to challenge good concepts, evidence, therapeutic strategies, and training procedures by better ones.

Franz Caspar, PhD
Geneva, Switzerland

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Announcements

Multilingual Core Curriculum in Psychosocial Aspects of Cancer Care

The International Multilingual Core Curriculum in Psychosocial Aspects of Cancer Care, developed by the International Psycho-Oncology Society (IPOS) and the European School of Oncology (ESO), is available under

<http://www.ipos-society.org/professionals/meetings-ed/core-curriculum/core-curriculum-pres.htm> or
www.cancerworld.org.

This is the first multilingual program dedicated to the education of all professionals working with cancer patients through a series of on-line lectures, namely communication skills, psychosocial assessment, anxiety, depression and distress management. The core programme is available in English, French, German, Hungarian, Italian and Spanish.

8th World Congress of Psycho-Oncology, 'Multidisciplinary Psychosocial Oncology: Dialogue and Interaction'

Psychosocial Academy, Ferrara, October 16–17, 2006
Congress, Venice, October 18–21, 2006

The Venice congress will be preceded by the Psychosocial Academy which will address, through intensive training workshops, the growing need for multidisciplinary communication on clinical, educational, and research issues in psychosocial oncology.

The theme of the congress, 'Multidisciplinary Psychosocial Oncology: Dialogue and Interaction', underlines the need for scientific societies, health care agencies and academic institutions to work together, share and integrate their knowledge towards a common language and accepted standards in the comprehensive care of cancer patients, their families and caregivers.

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